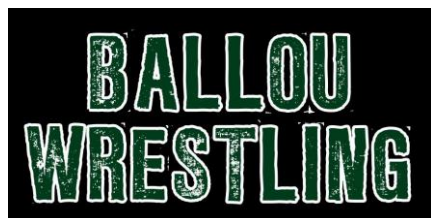


**** Minimum of 8 practices required before first competition.

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12 Practice #1 2:25-4:15	13 Practice #2 2:25-4:15	14 Practice #3 2:25-4:15	15 NO PRACTICE	16
17	18 Practice #4 2:25-4:15	19 Practice #5 2:25-4:15	20 Practice #6 2:25-4:15	21 Practice #7 2:25-4:15	22 NO PRACTICE	23
24	25 Practice #8 2:25-4:15	26 Practice #9 2:25-4:15	27	28	29	30



*Saturday January 25th, League Wrestling Tournament 7am – 3:30pm
 ** All varsity wrestlers are in the League Tournament and some JV wrestlers will get into the tournament. JV wrestlers will be notified on January 23rd after the League Coaches Meeting.