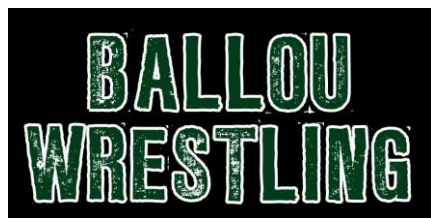


****** Minimum of 8 practices required before first competition.**

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 NO SCHOOL No Practice	2 NO SCHOOL No Practice	3 NO SCHOOL No Practice	4
5	6 Practice #18 2:25-4:15	7 Practice #19 2:25-4:15	8 Practice #20 2:25-4:15	9 Wrestling Match @ GV	10 NO Practice	11
12	13 Practice #21 2:25-4:15	14 Wrestling Match Vs. Kalles	15 Practice #22 2:25-4:15	16 Wrestling Match Vs. Edgemont	17 No Practice	18
19	20 NO SCHOOL No Practice	21 Wrestling Match @ Aylen	22 Practice #23 2:25-4:15	*Varsity Practice* 23 JV Battle of the Hill @ Ferrucci	24 Practice #25 2:25-4:15	25 League Tournament 7am – 3:30pm @ GV
26	27	28	29	30	31	



*Saturday January 25th, League Wrestling Tournament 7am – 3:30pm
 ** All varsity wrestlers are in the League Tournament and some JV wrestlers will get into the tournament. JV wrestlers will be notified on January 23rd after the League Coaches Meeting.