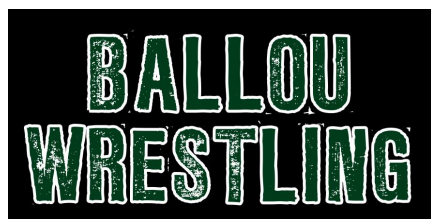


\*\*\*\* Minimum of 8 practices required before first competition.

# December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Practice #10 2:25-4:15	3 Practice #11 2:25-4:15	4 Takedown Tourney @ Stahl	5 Practice #12 2:25-4:15	6 No Practice	7
8	9 Practice #13 2:25-4:15	10 Practice #14 2:25-4:15	11 Practice #15 2:25-4:15	12 Wrestling Match Vs. Kalles	13 No Practice	14
15	16 Practice #16 2:25-4:15	17 Wrestling Match @ Stahl	18 Practice #17 2:25-4:15	19 No JV Practice <u>Varsity Only</u> Battle of the Hill @ Ballou	20 No Practice	21
22	23 NO SCHOOL No Practice	24 NO SCHOOL No Practice	25 NO SCHOOL No Practice	26 NO SCHOOL No Practice	27 NO SCHOOL No Practice	28
29	30 NO SCHOOL No Practice	31 NO SCHOOL No Practice				



\*Saturday January 25<sup>th</sup>, League Wrestling Tournament 7am – 3:30pm  
 \*\* All varsity wrestlers are in the League Tournament and some JV wrestlers will get into the tournament. JV wrestlers will be notified on January 23<sup>rd</sup> after the League Coaches Meeting.