

- ****Every athlete needs to see Ms. Ferguson (Room 121) prior to turning out!****



Please see Ferguson BEFORE or AFTER SCHOOL

PRIOR TO SEEING Ms. FERGUSON FOR CLEARANCE, YOU MUST:

1. Fill out athletic eligibility forms online

<https://puyallupschools.rankonesport.com>

1. Cautions, Considerations and Responsibilities
2. Steroids Flyer
3. Athletic Eligibility Form
4. Concussion / Sudden Cardiac Arrest Information Sheet
- 5. Parent Permission (be sure THIS is electronically signed!)

2. Make sure your physical is current.

-Physicals are good for two years. Bring a copy, unless Ms. Ferguson already has one on file from a previous sport.

3. Complete Green "Athletic Clearance Card" - Available in main office or Ms. Ferguson's room 121

4. Baseline concussion screening

Good for two years. Bring in a copy, unless Ms. Ferguson already has one on file from last year.

-ATI will administer screenings on specific dates. See reverse side for more details. Cost is \$15

5. Basketball and soccer players pay IF they make the team!!

Athletic Fee: (\$40 per sport) ASB: \$30 (per year)

*****PAY ONLINE !!!** These fees can be paid by using the EZ School Pay system at www.ezschoolpay.com or in person with the office manager.

COACH CONTACT INFO:

Boys Basketball: Coach Brett Kapels: KapelBR@puyallup.k12.wa.us

Girls Soccer: Coach Heidi Zimmer: ZimmerHM@puyallup.k12.wa.us

SEASON STARTS February 3, 2020

