



# Ballou Soccer 2018-19

## Tryout Schedule

|   |                            | <b>Varsity (8<sup>th</sup> Grade)</b> | <b>Junior Varsity (7<sup>th</sup> Grade)</b> |
|---|----------------------------|---------------------------------------|--|
| Monday  | Feb. 4                     | 2:25 – 4:15                           | 2:25 – 4:15                                  |
| Tuesday   | Feb. 5                     | 11:10 – 12:45                         | 11:10 – 12:45                                |
| Wednesday   | Feb. 6                     | 2:25 - 4:15                           | 2:25 – 4:15                                  |
| Thursday  | Feb. 7( <b>if needed</b> ) | 2:25 – 4:15                           | 2:25 – 4:15                                  |
| Friday  | Feb. 8                     | no practice or tryouts                |  |
| Teams will be posted on the front doors of Ballou by 8:00pm on the last day of tryouts* |                            |                                       |  |

Both coaches will evaluate each player using the following criteria:

- Grades** All players grades will be checked by Schoology the week of tryouts. The Ballou Soccer Program looks for STUDENT-athletes that are committed to excellence in the classroom as well as on the field.
- Coachability:** Players need to be self-motivated. Can the coaching staff rely on the player to listen, understand, and execute instructions?
- Sportsmanship/Attitude** Soccer players need to represent Ballou with pride and 100% of their effort at ALL times. Will the player be able to handle hard work, maintain focus, and respectfully respond to others (coaches and players)? Will the player handle both successes and failures gracefully? Is the player willing to play a role to benefit the team?
- Fitness:** All players will be evaluated on their fitness (Preparation for the season and posing a threat to the opposition)
- Individual Skills:** All players will be evaluated on a variety of individual skills (Hustle, control of ball, passing abilities, dribbling, finishing, defensive skills)
- Team Skills:** All players will be evaluated on a variety of team skills (Utilizing teammates, creating space, changing direction of play, supporting teammates both offensively and defensively, knowing when to hold vs. pass vs. shoot the ball)

The Ballou soccer program’s philosophy is to create a positive and FUN environment where student athletes can improve their understanding and fundamentals of soccer. The selection of both teams will be made by both Coaches. They work cooperatively in evaluating the talent and selecting the varsity and junior varsity teams. \*Depending on numbers, there is a possibility of a tryouts lasting one additional day. Thanks for considering being a player on the Ballou Soccer Team. GOOD LUCK! Coach Zimmer and Coach Meacham