

****Every athlete needs to see Ms. Ferguson (Room 121) prior to turning out!****



Please see Ferguson BEFORE SCHOOL, AFTER SCHOOL, OR DURING LUNCH

PRIOR TO SEEING Ms. FERGUSON FOR CLEARANCE YOU MUST:

1. Fill out athletic eligibility forms online

<https://puyallupschools.rankonesport.com>

1. Cautions, Considerations and Responsibilities
2. Steroids Flyer
3. Athletic Eligibility Form
4. Concussion / Sudden Cardiac Arrest Information Sheet
5. Parent Permission

2. Make sure your physical is current

-Physicals are good for 2 yrs. Bring a copy unless Ms. Ferguson already has one on file from a previous sport.

3. Complete Green "Athletic Clearance Card" - Available in main office or Ms. Ferguson's room 121

4. Baseline concussion screening

-Good for 2 years- Bring in a copy unless Ms. Ferguson already has one on file from last year.

-ATI will administer screenings on specific dates. See reverse side for more details. **Cost is \$15**

5. Wrestlers need to pay Fees before the season: Basketball pays if they make the team!!

Athletic Fee: (\$40 per sport) ASB: \$30 (per year) *****PAY ONLINE !!!** These fees can be paid by using the EZ School Pay system at www.ezschoolpay.com or in person with the office manager.

COACH CONTACT INFO:

Girls Basketball: Coach Marcus Yoder: yodermd@puyallup.k12.wa.us

Wrestling: Coach Travis Lande: LandeTJ@puyallup.k12.wa.us

SEASON START

NOVEMBER 13th

