



Ballou Boys Basketball 2019



Tryout Schedule

		Varsity (8th Grade)	JV (7th Grade)
Monday	Feb. 4	2:25 – 4:15	4:15 – 6:00
Tuesday	Feb. 5	1:00 – 2:45	11:00 – 12:45
Wednesday	Feb. 6	2:25 – 4:15	2:25 – 4:15

Both coaches will evaluate each player using the following criteria:

- Grades** All players will receive a grade check on Monday. The Ballou Basketball Program looks for **STUDENT** athletes that are committed to excellence in the classroom as well as on the court.
- Coachability:** Players need to be self-motivated. Can the coaching staff rely on the player to listen, understand and execute instructions?
- Attitude** Basketball players need to represent Ballou with pride and 100% effort at ALL times.
- Offensive Talent:** All players will be evaluated on these offensive skills (Shooting, ball handling, court vision, passing, one on one, transition game, and rebounding)
- Defensive Talent:** All players will be evaluated on a variety of defensive skills (Hustle, defensive slide, team defense, conditioning, rebounding, strength and quickness)

The Ballou basketball program’s philosophy is to create a positive and FUN environment where student athletes can improve their understanding and fundamentals of basketball. The goal is to prepare our players to compete at the next level and to have the mentality of competing at all things, basketball and life. The selection of both teams will be made by Coach Erath and Coach Yoder. We will be evaluating a variety of basketball skills for each player through specific drills designed to accomplish this task. Grades, behavior, skill level, position need, and team cohesiveness may all factor in to our selection process. We will work cooperatively in evaluating each player and selecting the varsity and junior varsity teams. There will be a “first cut” after the second day of tryouts. The final selections will be made after the third day. We are looking forward to the beginning of the season. Thanks for your interest in becoming a player on the Ballou Basketball Team.

You will need to see Mrs. Ferguson, our athletic director in order to get cleared properly. **The deadline to get cleared is Friday, February 1st.**

*******Please see Mrs. Ferguson for clearance information*******