

**** Minimum of 8 practices required before first competition.**

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13 Practice #1 2:25-4:15	14 Practice #2 2:25-4:15	15 Practice #3 2:25-4:15	16 Practice #4 2:25-4:15	17
18	19 Practice #5 2:25-4:15	20 Practice #6 2:25-4:15	21 No Practice	22 No School No Practice	23 No School No Practice	24
25	26 Practice #7 2:25-4:15	27 Practice #8 2:25-4:15	28 Practice #9 2:25-4:15	29 Practice #10 2:25-4:15	30 No Practice	

**BALLOU
WRESTLING**

* Saturday January 26th, Conference Wrestling Tournament 7am-3:30pm

** All varsity wrestlers will be entered in to the tournament and some jv wrestlers will get in to the tournament. JV wrestlers will be notified on January 24th after the Conference Coaches Meeting.