

**** Minimum of 8 practices required before first competition.**

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Practice #20 2:25-4:15	8 Practice #21 2:25-4:15	9 Practice #22 2:25-4:15	10 Battle of the Hill Varsity @ Ballou JV @ Glacier View	11 No Practice	12
13	14 Practice #23 2:25-4:15	15 Wrestling Match @ Ferrucci	16 Practice #24 2:25-4:15	17 Wrestling Match @ Edgemont	18 No Practice	19
20	21 No School No Practice	22 Wrestling Match Vs. Ayleen	23 Practice #25 2:25-4:15	24 Practice #26 2:25-4:15	25 Practice #27 2:25-4:15	26 Conference Tournament 7am- 3:30pm
27	28	29	30	31		

**BALLOU
WRESTLING**

* Saturday January 26th, Conference Wrestling Tournament 7am-3:30pm

** All varsity wrestlers will be entered in to the tournament and some jv wrestlers will get in to the tournament. JV wrestlers will be notified on January 24th after the Conference Coaches Meeting.