

****Every athlete needs to see Ms. Ferguson (Room 121)**

prior to turning out!**

CLEARANCE DATES:

August 22: 8:00-12:00/1:00-3:00PM

August 23: 8:00-12:00PM

August 30: 12:00-3:00PM

September 3: 1:00-3:00



PRIOR TO SEEING Ms. FERGUSON FOR CLEARANCE, YOU MUST:

1. Fill out athletic eligibility forms online:

<https://puyallupschools.rankonesport.com>

- 1. Cautions, Considerations and Responsibilities**
- 2. Steroids Flyer**
- 3. Athletic Eligibility Form**
- 4. Concussion/Sudden Cardiac Arrest Information Sheet**

➤ **5. Parent Permission (be sure all boxes are checked for the electronic signature)**

2. Make sure your physical is current.

-Physicals are good for 2 yrs. Bring a copy unless Ms. Ferguson already has one on file from a previous sport.

3. Complete Green "Athletic Clearance Card" - Available in main office or Ms. Ferguson's room 121

4. Baseline concussion screening

-Good for 2 years- Bring in a copy unless Ms. Ferguson already has one on file from last year.

-ATI will administer screenings on specific dates. See reverse side for more details. Cost is \$15

5. Pay fees (Volleyball players will pay after cuts have been made):

Athletic Fee: \$40 (per sport) ASB: \$30 (per year)

*****PAY ONLINE !!!** These fees can be paid by using the EZ School Pay system at www.ezschooldpay.com or in person with cash or check to the office manager.

COACH CONTACT INFO:

Football: KochB@puyallup.k12.wa.us

Volleyball: ValdeBJ@puyallup.k12.wa.us

Cross Country: PritcAR@puyallup.k12.wa.us

Athletic Director: FergusLA@puyallup.k12.wa.us

**FIRST PRACTICE for
VOLLEYBALL and
FOOTBALL:
SEPTEMBER 3rd**

**FIRST PRACTICE for
CROSS COUNTRY:
SEPTEMBER 4th**

**BE SURE YOU
HAVE BEEN
CLEARED
BEFORE THE
FIRST
PRACTICE!**