

**** Minimum of 8 practices required before first competition.**

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Practice #11 2:25-4:15	4 Practice #12 2:25-4:15	5 Practice #13 2:25-4:15	6 Practice #14 2:25-4:15	7 Takedown Jamboree @ Ferrucci	8
9	10 Practice #15 2:25-4:15	11 Practice #16 2:25-4:15	12 Practice #17 2:25-4:15	13 Wrestling Match @ Kalles	14 NO PRACTICE	15
16	17 Practice #18 2:25-4:15	18 Wrestling Match vs. Stahl	19 Practice #19 2:25-4:15	20 Wrestling Match vs. Glacier View	21 No School No Practice	22
23	24 No School No Practice	25 No School No Practice	26 No School No Practice	27 No School No Practice	28 No School No Practice	29
30	31 No School No Practice					

**BALLOU
WRESTLING**

* Saturday January 26th, Conference Wrestling Tournament 7am-3:30pm

** All varsity wrestlers will be entered in to the tournament and some jv wrestlers will get in to the tournament. JV wrestlers will be notified on January 24th after the Conference Coaches Meeting.