

Ballou Basketball 2020

Schedule - Attached

Schoology Access Code: **M67B-2M9D-5ZPX7**
Ballou Boys Basketball

Both coaches will evaluate each player using the following criteria:

- Grades** All players grades will be check on Monday. The Ballou Basketball Program looks for STUDENT athletes that are committed to excellence in the classroom as well as on the court.
- Coachability:** Players need to be self-motivated. Can the coaching staff rely on the player to listen, understand and execute instructions?
- Sportsmanship/
Attitude** Basketball players need to represent Ballou with pride and 100% of their effort at ALL times.
- Offensive Talent:** All players will be evaluated on their offensive skills (Shooting, ball handling, court vision, passing, one on one, transition game, and rebounding)
- Defensive Talent:** All players will be evaluated on a variety of defensive skills (Hustle, defensive slide, team defense, conditioning, rebounding, strength and quickness)

The Ballou basketball program's philosophy is to create a positive and FUN environment where student athletes can improve their understanding and fundamentals of basketball. The selection of both teams will be made by Coach Kapels and Coach Meacham. They work cooperatively in evaluating the talent and selecting the varsity and junior varsity teams. They anticipate posting the players who made the team by 7:30 PM on Wednesday night. Both coaches are looking forward to the beginning of the season. Thanks for considering being a player on the Ballou Basketball Team.

Thanks,

Coach Kapels and Coach Meacham