

Ballou **FALL** ATHLETIC Clearance



Girls: Volleyball, XC
Boys: Football



—Every Fall athlete needs to see Mr. Yoder prior to turning out!—

CLEARANCE DATES: August 22 - 9AM-Noon
August 23 -9AM-Noon
August 24-8AM-Noon

PRIOR TO SEEING MR. Yoder FOR CLEARANCE YOU MUST:

1. Fill out athletic eligibility forms online (available August 3, 2017)

<https://puyallupschools.rankonesport.com>

1. Cautions, Considerations and Responsibilities
2. Steroids Flyer
3. Athletic Eligibility Form
4. Concussion / Sudden Cardiac Arrest Information Sheet
5. Parent Permission

2. Make sure your physical is current.

-Physicals are good for 2 yrs. Bring a copy unless Mr. Yoder already has one on file from a previous sport.

3. Complete Green "Athletic Clearance Card" - Available in main office

4. Fees: Athletic: (\$40 per sport) ASB: \$30 (per year) *PAY ONLINE !!! These fees can be paid in person with the office manager or by using the EZ School Pay system at www.ezschooldpay.com (volleyball pays after tryouts)**

Football Players: You need to get a current baseline concussion screening

-Good for 2 years- Bring in a copy unless Mr. Yoder already has one on file from last year.

-ATI will administer screenings on specific dates. See reverse side for more details. Cost is \$10

COACH CONTACT INFO:

Volleyball: Coach Brenda Valdez ValdeBJ@puyallup.k12.wa.us

Girls Cross Country: Coach Marcus Yoder yodermd@puyallup.k12.wa.us

Football: Coach Brian Koch KochB@puyallup.k12.wa.us

FALL SPORTS START

Football - WEDNESDAY 8/23

Volleyball - Monday 8/28

Cross Country -Tuesday 9/5

