

Ballou ATHLETIC



Clearance



—Every athlete needs to see Mr. Yoder prior to turning out!

PRIOR TO SEEING MR. Yoder FOR CLEARANCE YOU MUST:

1. Fill out athletic eligibility forms online

<https://puyallupschools.rankonesport.com>

1. Cautions, Considerations and Responsibilities
2. Steroids Flyer
3. Athletic Eligibility Form
4. Concussion / Sudden Cardiac Arrest Information Sheet
5. Parent Permission

2. Make sure your physical is current.

-Physicals are good for 2 yrs. Bring a copy unless Mr. Yoder already has one on file from a previous sport.

3. Complete Green “Athletic Clearance Card” - Available in main office or Mr. Yoder’s room

4. Baseline concussion screening

-Good for 2 years- Bring in a copy unless Mr. Yoder already has one on file from last year.

-ATI will administer screenings on specific dates. See reverse side for more details. Cost is \$10

5. Fees will be paid after players have made the team. If the player makes the team, they will need to pay before the first game:

Athletic Fee: (\$40 per sport) ASB: \$30 (per year) *PAY ONLINE !!! These fees can be paid by using the EZ School Pay system at www.ezschoolpay.com or in person with the office manager.**

COACH CONTACT INFO:

Girls Soccer: Coach Heidi Zimmer zimmerhm@puyallup.k12.wa.us

Boys Basketball: Coach Travis Lande erathdt@puyallup.k12.wa.us

